



**AIS**  
ATHLETICS

# SCHEDULE 2025/26

VENUE KEY			
DUBAI		ABU DHABI	
<b>DAA</b>	Dubai American Academy	<b>NAS</b>	Nord Anglia School, Reem Island
<b>GWA</b>	GEMS World Academy, Dubai	<b>YAS B</b>	Yasmina British Academy, Abu Dhabi
<b>SRI</b>	GEMS School of Research & Innovation, Dubai	<b>AL FAY</b>	Al Fay Park Abu Dhabi
<b>SISD</b>	Swiss International Scientific School, Dubai	<b>GAA</b>	GEMS American Academy, Abu Dhabi
<b>DSP</b>	Dubai Science Park, Al Barsha		

**TUESDAY**

Day	Venue	Start Time	Finish Time	Region	Session Type	Coach
Tuesday	DSP	5:00 PM	6:00 PM	DXB	Run Jump Throw 9-13	SINAN
Tuesday	DSP	5:00 PM	6:00 PM	DXB	FUNDamentals 6-8	ANDRIS
Tuesday	DSP	5:00 PM	6:00 PM	DXB	Rising Potential Programme 11-13 INVITE ONLY	ANOUAR
Tuesday	DSP	5:00 PM	6:00 PM	DXB	Competition & Performance Middle Distance 14+	KATE
Tuesday	DSP	5:00 PM	6:30 PM	DXB	Performance & Elite Pathway Sprints 14 +	MATT & TOMMY
Tuesday	DSP	6:00 PM	7:00 PM	DXB	Open Sprints 14 +	ANOUAR
Tuesday	DSP	6:00 PM	7:00 PM	DXB	Competiton Sprints 14-17	SINAN
Tuesday	DSP	6:00 PM	7:00 PM	DXB	Junior Middle Distance 9-13	ANDRIS
Tuesday	DSP	6:00 PM	7:00 PM	DXB	Competition Pathway S and C	KATE

**WEDNESDAY**

Day	Venue	Start Time	Finish Time	Region	Session Type	Coach
Wednesday	DSP	5:00 PM	6:00 PM	DXB	FUNDamedntals 6-8	ANDRIS/ SINAN
Wednesday	DSP	6:00 PM	7:00 PM	DXB	Junior Sprints 10-13	MATT
Wednesday	DSP	6:00 PM	7:00 PM	DXB	Run Jump Throw 9-13	ANDRIS
Wednesday	DSP	5:00 PM	6:00 PM	DXB	Open sprints 14 +	SINAN
Wednesday	DSP	6:00 PM	7:00 PM	DXB	Competition/ Performance Hurdles and High Jump 14+	KATE
Wednesday	DSP	6:00 PM	7:00 PM	DXB	Open circuit S and C 14 +	SINAN
Wednesday	Al Fay	5:00 PM	6:00 PM	AUH	FUNDamentals & Run Jump Throw 6-11 (Hybrid)	ANOUAR
Wednesday	Al Fay	6:00 PM	7:00 PM	AUH	Open Middle Distance 14+	ANOUAR
Wednesday	Al Fay	6:00 PM	7:00 PM	AUH	Run Club 18+	ANOUAR

**THURSDAY**

Day	Venue	Start Time	Finish Time	Region	Session Type	Coach
Thursday	DSP	5:00 PM	6:00 PM	DXB	Run, Jump, Throw 9-11 & 11-13	SINAN
Thursday	DSP	5:00 PM	6:00 PM	DXB	FUNDamentals 6-8	ANDRIS
Thursday	DSP	5:00 PM	6:30 PM	DXB	Performance & Elite Pathway 14 +	TOMMY / MATT
Thursday	DSP	5:00 PM	6:00 PM	DXB	Junior High Jump 10-13	ANOUAR
Thursday	DSP	5:00 PM	6:00 PM	DXB	Competition & Performance Middle Distance 14+	KATE
Thursday	DSP	6:00 PM	7:00 PM	DXB	Competiton Sprints 14+	SINAN
Thursday	DSP	6:00 PM	7:00 PM	DXB	Open Sprints 14+	SINAN
Thursday	DSP	6:00 PM	7:00 PM	DXB	Junior Middle Distance 11-13	ANDRIS
Thursday	DSP	6:00 PM	7:00 PM	DXB	Open Jumps 14+	SINAN
Thursday	DSP	6:00 PM	7:00 PM	DXB	Competition Pathway S and C	KATE