



**AIS**  
ATHLETICS

# SCHEDULE 2025/26

VENUE KEY			
DUBAI		ABU DHABI	
<b>DAA</b>	Dubai American Academy	<b>NAS</b>	Nord Anglia School, Reem Island
<b>GWA</b>	GEMS World Academy, Dubai	<b>YAS B</b>	Yasmina British Academy, Abu Dhabi
<b>SRI</b>	GEMS School of Research & Innovation, Dubai	<b>AL FAY</b>	Al Fay Park Abu Dhabi
<b>SISD</b>	Swiss International Scientific School, Dubai	<b>GAA</b>	GEMS American Academy, Abu Dhabi
<b>DSP</b>	Dubai Science Park, Al Barsha		

## SATURDAY

Day	Venue	Start Time	Finish Time	Region	Session Type	Coach
Saturday	Dubai Science Park	8:00 AM	9:00 AM	DXB	Mini Athletics 3-5	ANDRIS
Saturday	Dubai Science Park	8:00 AM	9:00 AM	DXB	FUNdamentals 6-8	CAITLIN
Saturday	Dubai Science Park	8:00 AM	9:00 AM	DXB	Run, Jump, Throw 9-13	HADI
Saturday	Dubai Science Park	8:00 AM	10:30 AM	DXB	Performance & Elite Sprints 14 +	TOMMY
Saturday	Dubai Science Park	9:00 AM	10:00 AM	DXB	Junior Just Run 9-13	ANDRIS
Saturday	Dubai Science Park	9:30 AM	10:30 AM	DXB	Competition/Performance Pathway S and C	KATE
Saturday	Dubai Science Park	9:00 AM	10:00 AM	DXB	Open Sprints 14+	CAITLIN
Saturday	Dubai Science Park	8:00 AM	9:30 AM	DXB	Performance & Elite Jumps 14+	KATE
Saturday	Dubai Science Park	8:00 AM	9:30 AM	DXB	Competition, Performance & Elite Hurdles 14+	MATT
Saturday	Dubai Science Park	8:00 AM	9:30 AM	DXB	Performance & Elite Long Sprints and Middle Distance	KATE
Saturday	Dubai Science Park	8:30 AM	9:30 AM	DXB	Competition Hurdles 14+	MATT
Day	Venue	Start Time	Finish Time	Region	Session Type	Coach
Saturday	Al Fay Park	8:00 AM	9:00 AM	AUH	FUNdamentals & Run Jump Throw 9-11 (Hybrid)	ANOUAR
Saturday	Al Fay Park	9:00 AM	10:00 AM	AUH	Sport Speed/ Junior Sprints 10 +	ANOUAR

## SUNDAY

Day	Venue	Start Time	Finish Time	Region	Session Type	Coach
Sunday	Dubai Science Park	8:00 AM	9:00 AM	DXB	Mini Athletics & FUNdamentals (Hybrid) 4-8	KATE/ MATT
Sunday	Dubai Science Park	8:00 AM	9:00 AM	DXB	Junior Sprints & Hurdles 9-13	ANDRIS
Sunday	Dubai Science Park	8:00 AM	9:00 AM	DXB	Run Jump Throw 9-13	ANOUAR
Sunday	Dubai Science Park	9:00 AM	10:00 AM	DXB	Competition Sprints 14+	ANOUAR
Sunday	Dubai Science Park	9:00 AM	10:00 AM	DXB	Competition High Jump 14+	KATE
Sunday	Dubai Science Park	9:00 AM	10:00 AM	DXB	Rising Potential Programme 11-13 INVITE ONLY	MATT