

Race Time	Age Group	Event
15:40	U12 F	70m H
15:45	U12 M	75m H
15:50	U14 F	75m H
15:55	U14 M	80m H
16:00	U16 F	80m H
16:05	U16 M	100m H
16:10	U18 F	100m H
16:15	U20/S F	100m H
16:20	U18 M	110m H
16:25	U20/S M	110m H
16:30	U8 M	600m
16:30	U10 M	600m
16:30	U8 F	600m
16:30	U10 F	600m
16:35	U12 M	600m
16:35	U14 M	600m
16:35	U12 F	600m
16:35	U14 F	600m
16:45	U8 M	60m
16:50	U8 F	60m
16:55	U10 M	60m
17:00	U10 F	60m
17:05	U12 M	80m
17:10	U12 F	80m
17:15	U14 M	80m
17:20	U14 F	80m
17:30	U8 M	300m
17:30	U10 M	300m
17:35	U8 F	300m

Race Time	Age Group	Event
17:35	U10 F	300m
17:40	U12 M	300m
17:45	U12 F	300m
17:50	U14 M	300m
17:55	U14 F	300m
18:05	U8 M	150m
18:10	U8 F	150m
18:15	U10 M	150m
18:20	U10 F	150m
18:25	U12 M	150m
18:30	U12 F	150m
18:35	U14 M	150m
18:40	U14 F	150m
18:50	U16 M	100m
18:55	U16 F	100m
19:00	U18 M	100m
19:05	U18 F	100m
19:10	U20/S M	100m
19:15	U20/S F	100m
19:25	U16 M	400m
19:30	U16 F	400m
19:35	U18 M	400m
19:35	U20/S M	400m
19:40	U18 F	400m
19:40	U20/S F	400m
19:50	U16 M	800m

Race Time	Age Group	Event
19:50	U18 M	800m
19:50	U20/S M	800m
19:50	U16 F	800m
19:50	U18 F	800m
19:50	U20/S F	800m
20:00	U16 M	200m
20:05	U16 F	200m
20:10	U18 M	200m
20:15	U18 F	200m
20:20	U20/S M	200m
20:25	U20/S F	200m

Start Time	Age Group	Event
15:40 – 16:25	U8 M	Javelin
15:40 – 16:25	U8 F	Javelin
15:40 – 16:25	U12 & U14 M	Discus
15:40 – 16:25	U12 M	High Jump
15:40 – 16:25	U12 F	High Jump
15:40 – 16:25	U10 M	Long Jump
15:40 – 16:25	U10 F	Long Jump
16:25 – 17:10	U12 & U14 F	Discus
16:25 – 17:10	U14 M	High Jump
16:25 – 17:10	U14 F	High Jump
16:25 – 17:10	U8 M	Long Jump
16:25 – 17:10	U8 F	Long Jump
16:25 – 17:10	U10 M	Javelin
16:25 – 17:10	U10 F	Javelin
17:10 – 17:55	U12 M	Long Jump
17:10 – 17:55	U12 F	Long Jump
17:10 – 17:55	U12 & U14 F	Javelin
17:10 – 17:55	U16, U18 & U20/S F	Discus
17:10 – 17:55	U16, U18 & U20/S M	High Jump
17:55 – 18:40	U12 & U14 M	Javelin
17:55 – 18:40	U14 M	Long Jump
17:55 – 18:40	U14 F	Long Jump
17:55 – 18:40	U16, U18 & U20/S F	High Jump
17:55 – 18:40	U16, U18 & U20/S M	Discus
18:40 – 19:25	U16, U18 & U20/S M	Javelin
18:40 – 19:25	U16, U18 & U20/S F	Long Jump
19:25 – 20:10	U16, U18 & U20/S M	Long Jump
19:25 – 20:10	U16, U18 & U20/S F	Javelin