

TRACK		
Race Time	Age Group	Event
17:30	U9 B	600m
17:30	U11 B	600m
17:40	U9 G	600m
17:40	U11 G	600m
17:50	U13 B	600m
17:50	U13 G	600m
18:00	U9 B	60m
18:05	U9 G	60m
18:15	U11 B	60m
18:25	U11 G	60m
18:30	U13 B	80m
18:35	U13 G	80m

Under 9s, U11 + U13

Race Time	Age Group	Event
18:45	U15 B	100m
18:50	U15 G	100m
18:55	U17 B	100m
19:00	U17 G	100m
19:35	U20 G & Seniors W	100m Heats
19:10	U20 B & Seniors M	100m Heats

U15 - Seniors

19:20	U9 B	150m
19:25	U9 G	150m
19:30	U11 B	150m
19:35	U11 G	150m
19:40	U13 B	150m
19:45	U13 G	150m

U9, U11 + U13

19:55	U15 G	300m (Guest Only)
20:00	U15 B	300m (Guest Only)
20:05	U17 G	300m (Guest Only)
20:15	U20 G & Seniors W	100m Final
20:20	U20 B & Seniors M	100m Final
20:25	U15 B	800m
20:25	U17 B	800m
20:25	U20 B & Seniors M	800m
20:30	U15 G	800m
20:30	U17 G	800m
20:30	U20 G & Seniors W	800m
20:35	U15 B	200m
20:40	U15 G	200m
20:45	U17 B	200m
20:50	U17 G	200m
20:55	U20 B & Seniors M	200m
21:00	U20 G & Seniors W	200m

U15, U17, U20 + Seniors

FIELD		
Start Time	Age Group	Event
17:00 - 17:30	U20 G & Seniors W	High Jump
17:00 - 17:45	U11 B	Shot Put
17:00 - 17:45	U11 G	Shot Put
17:00 - 17:45	U9 B	Javelin
17:00 - 17:45	U9 G	Javelin
17:00 - 17:45	U13 B	Long Jump
17:00 - 17:45	U13 G	Long Jump
17:30 - 18:00	U15 B	High Jump
17:45 - 18:30	U13 B	Javelin
17:45 - 18:30	U13 G	Javelin
17:45 - 18:30	U11 B	Long Jump
17:45 - 18:30	U11 G	Long Jump
18:00 - 18:30	U15 & U17 G	High Jump
18:30 - 19:00	U13 B	Shot Put
18:30 - 19:00	U13 G	Shot Put
18:30 - 19:00	U15 & U17 G	Javelin
18:30 - 19:00	U15 & U17 B	Javelin
18:30 - 19:15	U9 B	Long Jump
18:30 - 19:15	U9 G	Long Jump
18:30 - 19:00	U17, U20 B & Seniors M	High Jump
19:00 - 19:45	U13 B	High Jump
19:00 - 19:45	U13 G	High Jump
19:00 - 19:30	U15 & U17 B	Shot Put
19:00 - 19:30	U15 & U17 G	Shot Put
19:00 - 19:30	U20 B & Seniors M	Javelin
19:00 - 19:30	U20 G & Seniors W	Javelin
19:30 - 20:00	U11 B	Javelin
19:30 - 20:00	U11 G	Javelin
19:30 - 20:15	U15 & U17 B	Long Jump
19:30 - 20:15	U15 & U17 G	Long Jump
19:45 - 20:15	U20 B & Seniors M	Shot Put
19:45 - 20:15	U20 G & Seniors W	Shot Put
20:15 - 21:00	U20 B & Seniors M	Long Jump
20:15 - 21:00	U20 G & Seniors W	Long Jump

Important Information:

- * The timetable is a guideline only and is subject to change
- * Athletes must be ready for their call to the **20 minutes before** the time shown
- * Failure to be at the start line on time will result in disqualification
- * In the case of a clash between track & field events, athletes must register with the respective judge/official/coach **BEFORE** the field event starts, they can then depart participate in the track event and return to the field at the next earliest opportunity.