

TRACK		
Race Time	Age Group	Event
17:00	U13 G	70m Hurdles
17:10	U13 B	70m Hurdles
17:20	U15 G	75m Hurdles
17:30	U15 B	80m Hurdles
17:40	U17 G	80m Hurdles
17:50	U17 B	100m Hurdles
18:00	U20/S W	100m Hurdles
18:10	U20/S M	110m Hurdles
18:20	U9 B	600m
18:20	U11 B	600m
18:25	U9 G	600m
18:25	U11 G	600m
18:30	U13 B	600m
18:30	U13 G	600m
18:35	U9 B	60m
18:40	U9 G	60m
18:45	U11 B	60m
18:50	U11 G	60m
18:55	U13 B	80m
19:00	U13 G	80m

19:05	U15 B	100m
19:10	U15 G	100m
19:15	U17 B	100m
19:20	U17 G	100m
19:25	U20/S M	100m
19:30	U20/S W	100m

19:35	U11 B	4 x100 Relay
19:40	U11 G	4 x100 Relay
19:45	U13 B	4 x100 Relay
19:50	U13 G	4 x100 Relay
19:55	U15 B	4 x100 Relay
20:00	U15 G	4 x100 Relay
20:05	U17 B	4 x100 Relay
20:10	U17 G	4 x100 Relay
20:15	U20/S M	4 x100 Relay
20:20	U20/S W	4 x100 Relay

20:25	U15 B	800m
20:25	U17 B	800m
20:25	U20/S M	800m
20:30	U15 G	800m
20:30	U17 G	800m
20:30	U20/S W	800m

20:40	U17 B	4 x 400 Relay
20:45	U17 G	4 x 400 Relay
20:50	U20/S M	4 x 400 Relay
20:55	U20/S W	4 x 400 Relay

FIELD		
Start Time	Age Group	Event
17:00 - 17:45	U9 B	Javelin
17:00 - 17:45	U9 G	Javelin
17:00 - 18:00	U11 B	Long Jump
17:00 - 18:00	U11 G	Long Jump
17:00 - 18:00	U15, U17 & U20/S M	High Jump
17:45 - 18:30	U11 B	Javelin
17:45 - 18:30	U11 G	Javelin
18:00 - 19:00	U13 B	Long Jump
18:00 - 19:00	U13 G	Long Jump
18:00 - 19:00	U15, U17 & U20/S W	High Jump
18:30 - 19:15	U20/S M	Javelin
18:30 - 19:15	U20/S W	Javelin
19:00 - 19:45	U9 B	Long Jump
19:00 - 19:45	U9 G	Long Jump
19:00 - 20:00	U13 B	High Jump
19:00 - 20:00	U13 G	High Jump
19:45 - 20:45	U15, U17 & U20/S M	Long Jump
19:45 - 20:45	U13 B	Javelin
19:45 - 20:45	U13 G	Javelin
20:45 - 21:30	U15, U17 & U20/S W	Long Jump
20:45 - 21:30	U15 & U17 B	Javelin
20:45 - 21:30	U15 & U17 G	Javelin

### Important Information

- Timetable is a guideline only and is subject to change
- Athletes must report for each event **15 minutes before** the start time stated above
- Heats for long distance events may be merged depending on participant numbers
- In the case of a clash between track & field events, **athletes must register for their field event with the official, before proceeding to the track event.** They can return to the field event at the next earliest opportunity
- Medals/Prizes will be awarded for each age group & gender separately & are not affected even if age groups or genders are mixed